

Counseling is a process, a journey.

At [REDACTED] Counseling we join our client's journey to seek God and His will together. We treat our clients with empathy, compassion, and honesty, walking with those in distress, towards renewal through the Gospel. [REDACTED] Counseling has helped those struggling with depression, anxiety, sex addiction, anger, suicidal tendencies, and marital issues.

[REDACTED] Counseling offers its services to individuals 14 and older.

ABOUT US

Throughout my life, God has consistently shown me tenderness and compassion in the midst of turmoil. After I came to belief in Christ, He led me to counselors—wise, spiritually mature individuals who helped with the slow and sometimes painful process of growth.

He has taken care of me through every step, even when I might wander; God is ever faithful to His children. He lovingly brings His children to the point of brokenness, so that we might find life in Him. As a result, I believe that He wants me to have a ministry of tenderness and compassion to others.

I believe that counseling is the journey of the client and the therapist, both seeking God and His will together. We walk alongside those in distress, to help reveal what the Lord wants them to see.

Sometimes, therapy can be a messy process. In it, we invite Jesus into the deep parts of our hearts that played a part in the dilemmas that we now face. Good Christian counseling involves spiritual maturity and goes beyond the relief of symptoms.

Get in touch with [REDACTED] and schedule an appointment

CREDENTIALS - LPC #63477

GRADUATED - Amberton University - MA Counseling

SERVICES

Life is messy. How do we react in times of trouble? How do we deal with dysfunctional relationships, sex addiction, anxiety, or depression? Christian counseling can help. At [REDACTED] Counseling we walk alongside our clients; together, we work through client's issues, inviting Christ to move us towards authentic

heart change.

████████ Counseling offers its services to individuals 14 and older. If the client is 13 years of age or younger, we have a network of trusted, local associates and firms to which we will happily refer them.

I SPECIALIZE IN BIBLICAL, CHRISTIAN COUNSELING SERVICES FOR:

COUPLES AND MARRIAGE COUNSELING

Marriage can be beautiful, but it isn't easy. When broken people say "I do", we aren't suddenly fixed. How do we navigate the difficult waters of this unique relationship? ██████████ Counseling helps couples work through their difficulties—problems that stifle intimacy and promote bitterness. We help couples find unity in love, compassion, and understanding.

FAMILY THERAPY

While families are a wonderful blessing, family dynamics can be challenging. Counseling can help your family celebrate its unique qualities. Click **here** to learn more.

HERE

While families are a wonderful blessing, family dynamics can be challenging. God wants the family to celebrate its uniqueness. For we are all fearfully and wonderfully made. At some point, though, everyone needs to get "on the same page" for family dynamics to work.

████████ Counseling can help.

PASTORAL COUNSELING

When the shepherd needs shepherding where does he turn? Pastors need wise counsel in their lives, but it can be difficult to find a compassionate, understanding voice—one that walks with pastors through difficult times. ██████████

Counseling can help pastors work through feelings of burnout, anxiety, and failure, guiding pastors to reflect on their unique ministry.

PREMARITAL COUNSELING

What is the purpose of marriage, and how will you both last under that purpose? Find the answers and begin your journey. Click **here** to learn more.

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So, you're getting married. Congratulations! But what needs to happen before you walk down the aisle, before you say "I do?" In premarital counseling we address common questions and concerns that will prepare you and your future spouse for a healthy marriage. We equip couples with communication tools and conflict resolution skills. Our ultimate goal: help couples build a solid, biblical foundation upon which their marriage will flourish. Allow **██████████** Counseling to help you embark on this marvelous adventure.

DEPRESSION TREATMENT

For some, the symptoms of depression may come and go; other times it can feel pervasive. But you are not alone. **██████████** Counseling can help. Click **here** to learn more.

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Depression can be a debilitating disorder, one that impacts people in a number of ways. Symptoms vary from feeling empty or unhappy, experiencing loss of activity, gaining a sense of anxiety, and even suffering unexplained physical ailments. Whether your symptoms are mild or severe, know this: there is hope. We offer an understanding ear and a compassionate voice to help clients address their struggles. The fight against this destructive disorder may be difficult, but counseling can help.

ANGER COUNSELING

Sometimes perfectly legitimate emotions, like anger, can become too intense. But there are healthy and productive ways to deal with anger. **Click** to learn more.

Most anger is merely a covering. The real issues lay beyond the surface, behind the mask. Oftentimes, unresolved hurts give way to anger, and anger gives an illusion of control over that hurt. While **██████████** Counseling addresses "anger

issues”, we always want to examine the roots of anger. This approach works. There is help, healing, and hope available for you.

ANXIETY TREATMENT

Sometimes, dealing with anxiety can lead to a crippling, downward emotional spiral. But you can reclaim your life. Click **here** to begin that process.

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Anxiety is fear: fear of exposure, failure, or loss of control. For many, anxiety starts at an early age and compounds through the years. It affects the way we relate to others and ourselves. It keeps us in bondage from living our lives as they’re meant to be lived. Exploring the underpinnings of anxiety— the causes— allows hope to move into our world with more power and purpose. Anxiety does not need to have the final word. There is help available.

CHILDHOOD TRAUMA

When trauma is experienced in childhood, it may take years, even decades to come to light. Fortunately, there is help. **Click** to learn more.

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When trauma is experienced in childhood, it may take years, even decades to come to light. The pain of traumatic events can be hidden or masked (mercifully) when someone is young. These childhood traumas can’t stay hidden, though, and the resulting pain and confusion eventually must be dealt with. That is the truth. The hard truth. If there has been abuse or trauma in one’s past, it expresses itself through depression, anxiety, broken or distant relationships, nightmares, lost memories, and the inability to have strong feelings for others. Childhood trauma counseling occurs in a safe, secure environment, where the traumas of childhood are approached. ████████ Counseling can help you to deal with your trauma in a healthy manner. There is hope for change.

ADOPTION ISSUES

With adoption comes a multitude of joys; however, resulting issues of identity, guilt, and even intimacy require wisdom. Click **here** to examine and understand your adoption.

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Being adopted is such a wonderful thing, a beautiful adventure; but emotional

and spiritual issues can distract from the beauty of adoption. Early on, problems of attachment and intimacy may hurt the adoptee. For the adopted adult, there may be a sense of not belonging, of having "appeared on the scene" without a beginning. Also, there is the mystery of one's heritage, which needs to be explored without guilt. Sometimes there is the question of searching for one's biological family: how does one deal with potential feelings of betrayal to one's adopted family?

Let  Counseling help you work through these difficult dilemmas.

SEXUAL ABUSE

Sexual abuse is a delicate issue, one that requires wisdom and compassion. Click **here** for more information.

For many victims, Sexual abuse is difficult to address. The fear and shame that abuse causes often leads to distorted sexual views, repressed emotions and guilt. Comfort and healing are available, though. We provide a safe, secure environment where you can discuss your past hurts in pursuit of recovery. Together may we echo the words of 2 Corinthians 5:17. "Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."